Welcome to Lucas Heights Community School
Kindergarten 2013
Uniform Shop News

A huge THANK YOU to the lovely Ladies who volunteered their time in the school holidays and during our busy first few days to help open the Uniform Shop. Jodie, Tania, Cherine, Di, Kristy and Annette, I could not have managed without your hard work and patience.

SCHOOL SOCKS ARE TEMPORARILY SOLD OUT! Another thousand pairs have been ordered and are expected within the next 4 weeks. To ensure you get yours, please place your orders at the shop, via email or at the front office. Socks will then be delivered to your child in class (K-6) or left at the office for collection (7-12).

School stationery packs are still available for purchase. Save yourself some time and money, while supporting your school and grab one today.

If you don’t have time to visit the Uniform Shop, please email your order to lhcsandc@gmail.com or leave your completed order form at the Front Office.

Volunteers are still required to keep the shop running. If you could spare some time and would like to help, please leave your details in the shop or at the Front Office. Alternatively, email Bec at lhcsandc@gmail.com with your availability.

Thank you for your continued support.

Rebecca Embury

SCHOOL ZONE PARKING

NO STOPPING
You cannot stop in this area for any reason.

NO PARKING
You can stop in a NO PARKING zone for a maximum of two minutes to drop off or pick up passengers. You should remain within three metres of your vehicle at all times.

BUS ZONE
You must not stop or park in a bus zone unless you are driving a bus. Find out more about road safety on the RTA website www.rta.nsw.gov.au

NO PARKING

Parents should not park in the disabled car spaces unless they have a disability car sticker for the child they are collecting, displayed on the car.
Principal's Report ....

I advised in my last report that our anticipated enrolment in high school was 506. Whilst we are 22 students more than last year, our numbers at present are 498. Whilst pleasing to be 22 higher, it is disappointing that we did not break 500 because this would have meant an additional staffing allowance of 0.5 for the General Assistant’s role if we achieved 501 or more. This equates to 2½ days per week. Census day is still two weeks away but it is unlikely at this time we will gain three additional enrolments by then and schools are staffed on numbers at census day each year.

The 2013 school year has started well for LHCS. Students seem enthusiastic and well behaved and they are looking great. Regrettably, we are again out of stock with the new school socks and consequently have extended the amnesty until they are again available. Advice is that that will be in about one month. We are out of stock because the level of support for the new socks has actually been significantly higher than anticipated. The actual rate of sales for the new socks has been faster than expected. Our stock-in-store in the uniform shop is always a balancing act in terms of keeping adequate stocks whilst not having too much money tied up in stock at any time. Also keep in mind the school shop’s margins are lower than commercial ones. I appreciate parents’ patience and we will advise students when certain sizes are again available. Should any parent experience difficulties in purchasing school uniform or in providing any other school resource to their children, please contact me or either Deputy Principal and we may be able to assist.

We are at present convening two selection panels for two teacher positions, both in high school, one in TAS and one in HSIE. This is unexpected because we anticipated that at least one of these positions would be filled by service transfer and are pleased that we now are able to form selection panels for both.

Fiona Boyce will be in the roll of SAM (School Administration Manager) for the remainder of February, replacing our permanent SAM who will return to the role in March.

Kevin Haydon

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**Congratulations to the Year 12 of 2012**

There were many outstanding results across all subject areas.

- Sixty-nine results were a score of 80% and above, placing many students in the band 5-6 range.
- The Dux of Year 12 was Edward C who received a scholarship to UNSW. He achieved an ATAR of 95.5.
- Kiri F was ecstatic to receive an ATAR of 93.5. She was placed on the shortlist for OnStage for her brilliant HSC Drama Performance. Kiri also achieved a result of 49/50 for Extension 2 English, a phenomenal achievement.
- Lauren G’s outstanding art work was selected for the Art Rules exhibit at Hazelhurst Gallery at Gymea.
K-6
House Captains 2013

YELLOW
Captains:
Isabella C and Thomas A

Vice Captains:
Charlotte C and Kyle C

BLUE
Captains:
Riahn G and Joel I

Vice Captains:
Loren I and Daniel H

RED
Captains:
Katelyn M and Harri N

Vice Captains:
Emma P and Noah P

GREEN
Captains:
Daniella W and Flynn R

Vice Captains:
Tegan W and Kieran W

Years 10/11 Student/Parent Information Night

Year 10 Information Night
When: Wednesday 13 February
Where: Junior Hall
Time: 6.00pm
Information on ROSA, Assessments, Work Experience.

Year 11 Information Night
When: Wednesday 13 February
Where: Junior Hall
Time: 7.00pm

All Students/Parents are expected to attend.
Coffee with Class

This year we are inviting interested family members of 2013 students to join us for ‘Coffee with Class’.

When: 9.20 to 10.10am each Wednesday
Where: HB13 in the primary school

Mrs Maron Sexton and Mrs Michelle Dargan will be hosting a meeting for parents, grandparents, aunts, uncles etc to meet each other and a variety of staff. Refreshments will be provided and preschoolers are welcome.

As the term progresses we will be inviting staff to speak on a variety of topics, such as

♦ Skills to help teach reading
♦ The Premier’s Reading Challenge
♦ The role of the Student Representative Council
♦ Multi-age classes
♦ The roles of the school counsellor and Learning and Support teachers
♦ The roles of Year Advisers, Deputy Principals and the Principal

Stay for 20 minutes or stay for 50! We look forward to seeing you there.
Welcome back to everyone.

Year 12 – 2012, Post school survey

At present we are contacting all of our 2012 Year 12 students to find out what they are now doing post LHCS life. It is an exciting and daunting time for all our past students as they embark on this new stage of life. As we collate this information we will share with you over the coming weeks some of the pathways our past students are travelling.

Year 12 – 2013

For a large majority of Year 12 students the information gathering stage of post school options has begun, with many already attending the first of many expo and open days. On Wednesday 6 February a large number of Year 12 students attended the annual University of Wollongong Discovery Day. A bus was chartered from the school and during the day our students attended a variety of sessions of their choice, depending on their academic interests. Students choose from dozens of sessions offered, including Information Systems, The Art of Engineering, Creative Writing and Accountancy. Our Year 12 university aspirants left with a better understanding of degree content, university life and what a university lecture is like.

Year 10

All Year 10 students have been given an information handout that outlines the numerous Career activities that will happen throughout the year, including information on work experience. Parents are asked to read through the information handout so they are familiar with the range of activities that students participate in. At the Parent Information night being held in week 3 we will go through the information sheet in more detail.

In addition students have been given a Tax file Number application form. Secondary students may need a tax file number (TFN) for part-time and holiday employment or to apply for youth allowance. To make it easier for students to get a TFN, students can choose to fill out a TFN application form through the school. This application form requires information such as the student’s name, address and date of birth. The Careers Adviser then certifies the application. This means that the student does not need to attend the Tax Office with original documents or send those documents to the Tax Office. It is not compulsory to complete this application form, however students who wish to apply are asked to return the completed form to the Careers advisers’ office ASAP.

Please contact the Careers office if you have any questions and don’t forget to regularly check our careers website www.lucasheightscareers.com

Upcoming Events

Pre-Vocational course in Construction-Gymea TAFE

Any students wishing to leave school and apply for an apprenticeship, this is an ideal opportunity.

Any interested students/parents should attend an information session next Wednesday night 13 February at 6.00pm. Location:

Gymea TAFE,
Cnr Hotham Rd and The Kingsway Gymea
Building B, Ground Floor Room BG 04.

There will be a numeracy/literacy screen test on the evening for about 45 minutes, so students should bring a calculator and pen.

Days/times will be discussed on the night in addition to any fees or charges.

All queries should be directed to the Section Head Teachers either Mark Grenfell 9710 5052 OR Steve Norton 9710 5122

Discover Engineering Day-ANSTO

Tuesday 26 March from 9.00am to 2.30pm

Any students in Years 10 and 11 who are interested in Engineering as a career choice and also those who want to know what Engineering is all about have the opportunity to attend a full day excursion to ANSTO. Places are limited so students must register their interest with the Careers Advisers before 15 February.

Mrs Eagles and Ms Smith
Careers Advisers
Parenting Teenagers Program

This 6 week course provides an opportunity to share experiences with other parents and explore new strategies and approaches.

We will look at:
- Adolescent development
- Parenting styles and Communication
- Allocating responsibility
- Affirmations and self esteem

To book contact EDYS
9548 2734 or info@edys.com.au

When: 27 March to 1 May 2013
Time: 7.00 to 9.30pm
Where: EDYS, 16-20 Station Street, Sutherland
Cost: Only $30
I would like to welcome everyone back for P&C for 2013 and look forward to a great year working together.

Our first meeting for 2013 was held on Wednesday 6 February, thank you to everyone for their attendance. Our main topics of discussion was for school to take over from the P&C and manage the Uniform Shop. The Uniform Shop has grown considerably and is very time consuming for the P&C committee executive to maintain each year. We are very grateful for the many hours that both Bec and Tania have volunteered over 2012 year. We have some new volunteers training in the shop which is a great help, but many hours are spent by the committee in behind the scenes work.

A detailed survey note will be sent to all K-12 parents for their comments on this topic next week and we will discuss comments at the next meeting (family names will remain confidential). We will then be voting on this topic at meeting 6th March prior to the AGM. To vote you must attend and be a financial member of the P&C prior to meeting start, we will accept $2.00 fee from 7.10pm and meeting start is 7.30pm. If you would like to join prior to next month’s meeting please send in $2.00 in an envelope via front office clearly marked ATTENTION P&C -MEMBERSHIP FEE ALONG WITH YOUR NAME. A receipt will be issued by the P&C Treasurer.

P&C 2012 Committee Members
President          Susan Ring
Treasurer          Cherine Newma
(stepping in for Lisa)
Vice-President 1   Karen Hodgson
Vice-President 2   Parrish Hull
Secretary          Julie O'Keefe
Uniform Shop Manager        Rebecca Embury
Uniform Shop Asst Manager   Tania Petrou
Uniform Shop Asst Treasurer  Kristy Fletcher

If you need to contact a member of the P&C Committee, you can leave a message with the Front Office or email your query to: lhcsandc@gmail.com

P&C Meeting Minutes
If you would like to be kept up-to-date with a copy of the Meeting Minutes you can have them emailed to you (send email request to lhcsandc@gmail.com attention to P&C Secretary and your email address will be added), or you can collect a hard copy from the Front Office or Uniform Shop.

Bright Star Kids Labels-How to order
Lucas Heights Community School now has signed up with Bright Star Kids Labels. If you wish to purchase stick on labels or iron on labels they cater for all your children’s clothing, school and sport items. They have great prices and easy to use web site with fast delivery. Please use the link http://fdr709.brightstarkids.com.au and for every sale Lucas Heights will earn a commission. I was very impressed I received my order of iron labels within 2 days!

Uniform Shop News
Please refer to the updated price lists and order forms when purchasing your uniforms. These can be found in the Front Office or by visiting the school website at www.lucasheigh-h.schools.nsw.edu.au

Our prices continue to remain competitive, and all profits from shop sales directly benefit your children through resources purchased for the school.

Thank you to all our wonderful volunteers who give their time to help others.

If you have any free time weekly, monthly or anytime at all, and would like to help us in the shop, please leave your details at the Front Office or drop them into the shop during opening times. Its fun, it’s easy and it’s a great way to meet new people.

Remember if you are too busy to visit us during our opening times, you can also leave your order and payment at the Front Office, or email it through to us at lhcsandc@gmail.com

Donations of 2nd Hand Uniform items
If you have clean good quality current uniform items for donation then please send them to the uniform shop or leave at the front office.

Susan Ring, President, LHCS P&C
USEFUL IDEAS

Primary and High school

2013 homework planner

Kids and families run more smoothly when there’s a plan. The 2012 homework and study calendar includes key dates and school holidays. You can print it out month by month, or by the whole year.


Doing well in class

Our expert panel shares tips about how parents can help their younger and older kids reach their full potential at school and motivate them for learning. Watch the video.


Primary school

Eight ways to get your kids organised

Are you ready for morning madness, late assignments, yesterday’s half-eaten lunch sweating in the schoolbag? Just like adults, children cope much better if they can manage their time and their environment wisely.


Smart foods to boost learning

Mother Nature is full of foods that help us think and feel better. What do you give your child to help them think more clearly, and enhance concentration and memory?


High school

Parents pool their tips

Ask your child to write all their teachers’ names on their timetables and make a copy for the fridge. If they have a mobile phone, have them take a photo of their timetable so they have it with them all the time. Read more tips from experienced parents.


Benefits of team sports

If you want your child to grow up to be a confident and well-adjusted adult, then team sports may well be the answer. Benefits include learning how to be more resilient, and being less likely to feel isolated.


Uniform Shop Hours

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<tr>
<td>Monday</td>
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PREVENT FALLS FROM BALCONIES

- Ensure balcony railings meet current safety standards. They should also:
  - Be at least one metre high and preferably more than 1.3 metres high
  - Have no gaps that a child could fit through (ideally gaps should be no wider than between 9cm-12.5cm)
  - Have no parts that a child can use as a foothold to climb onto or over the balustrade
- Keep objects that a child can climb or stand on, like furniture and pot plants, away from the balcony edge
- Don’t put lightweight furniture anywhere on the balcony — children can drag it to the edge
- Ensure that doors and windows that open onto the balcony are locked when the balcony is not in use.

Be aware of hazardous balconies when visiting other homes, and closely supervise your child.

Falls are the most common cause of injuries in children.

Each year around 8,000 children are taken to hospital because of a fall, including approximately 50 who have fallen from a window or balcony.

For a small number of children, this fall will be fatal.

PREVENT FALLS FROM WINDOWS

It's up to us to make sure they are not at risk. You can follow these simple, straightforward steps:

- Ensure windows cannot be opened more than 9-10cm except by an adult, OR
- Another option is to securely fix window guards, that have a set of bars each spaced less than 9-10cm apart, over the window opening.
- Remember that flyscreens give no protection — they are only designed to keep insects out and are never strong enough to hold a child in.
- Keep objects that a child can climb or stand on away from windows, including furniture such as beds, cupboards and fixtures like bathubs and benchtops.
- Be aware of hazardous windows when visiting other homes, and closely supervise your child.
- Children can be badly cut by running into glass in low windows — low windows should have safety glass installed or be covered with a shatter resistant film.

We all know children can be curious and can get into dangerous situations without realising it.
EXPERIENCE THE JOY OF HOSTING

A place to call home

World Education Program (WEP) is inviting you to experience another culture in your own home by becoming a volunteer host family to one of our international students arriving in July 2013. Our students from Italy, Belgium, France, Switzerland, The Netherlands and South America are looking forward to experiencing life in Australia, making new friends and becoming a member of an Australian family soon.

Messages from Overseas

Marc from Switzerland: "I want to meet the famous, friendly, Australians."
Domiziana from Italy: "I have always been fascinated with Australia. It’s like love at first sight."
Louis from Belgium: "It is my dream to live at the other end of the world!"

Find out more!

Getting to know your student before he or she arrives brings fun and joy to everyone involved. Take the next step and contact WEP today to receive a full information pack for your family.

Sylvia Kelly
Manager - Inbound Exchange Programs
Phone: 1300 884 733
Email: info@wep.org.au
Online: www.wep.org.au

Open your home and hearts to an international exchange student!
It’s easier than you think and a fantastic experience for all!